



**The ULTRA-TRAIL Mt. FUJI 2023**  
**Race Policy for Protection Against COVID-19**

Ver 3.0 March 6, 2023

The ULTRA-TRAIL Mt. FUJI Race Committee



**All participants of the ULTRA-TRAIL Mt. FUJI 2023, including runners, staff members, volunteers, vendors, and others must agree to and abide by the ULTRA-TRAIL Mt. FUJI 2023 Race Policy for Protection Against COVID-19.**

- **Participating runners and their family members or those living in the same household as runners should take precautionary measures to avoid COVID-19 infection on a daily basis.**
- **Please note that the ULTRA-TRAIL Mt. FUJI 2023 may be canceled if a local government makes a request to cancel the race due to a surge in COVID-19 cases.**
- **Please note that if the race is canceled, no entry fee refunds will be given. However, participation gifts will be mailed to all runners.**

**[Precautions prior to the race]**

- Participating runners and their family members or those living in the same household as runners, should take precautionary measures to avoid COVID-19 infection on a daily basis.
- Runners, staff members, and volunteers are required to submit a written declaration upon arriving at the race venue.

**[About withdrawing from the ULTRA-TRAIL Mt. FUJI 2023]**

If any of the following applies to you, you must withdraw from the ULTRA-TRAIL Mt. FUJI 2023:

- You have tested positive for COVID-19, and your treatment has not been completed.
- You have been identified as a close contact of someone with COVID-19, and your isolation period has not ended.
- You have entered Japan from a country or area designated by the Ministry of Health, Labour and Welfare of Japan or the Quarantine Station, and your designated isolation period has not ended.
- You show cold-like symptoms or other health problems during the race period.

**[Precautions on the day before the race and during the race]**

- Those who use a bus to travel to the registration area or to race venues are required to have their temperature taken before boarding the bus.
- Sensors will be placed at the entrance of the registration area and of race venues to check people's temperature. If a sensor detects that your temperature is 37.5°C or higher, you will need to go to the Information Desk and take a rapid antigen test (RAT). You will be allowed to enter the registration area and the race venue if you test negative on this RAT.

This applies to everyone including the runners, supporters, spectators, vendors, and volunteers.

- Please practice COVID-19 prevention measures at the registration area, and at the equipment check area, and follow instructions from the staff on how to proceed through the areas.
- When you cannot keep enough distance (two meters) from others at indoor registration areas or other race venues, be sure to wear a surgical mask with the function to prevent the dispersion of droplets.
- All trash generated at the race venue must be discarded in designated trash bins.
- If your trash contains mucus from a runny nose, or saliva, put it in a plastic bag, tie it up, and take it home with you or dispose of it in a designated trash bin.
- The number of people in the registration area, equipment check area, and changing rooms may be temporarily limited to prevent overcrowding. Please follow instructions of the staff.
- Sensors will be used to check people's temperature at the entrance to the start area.
- No refunds will be given for the bus tour fee or race entry fee if you cancel your bus reservation or participation in the race.

#### **[Precautions during the race]**

- Runners must have a mask with them during the race. It is recommended to wear this mask when talking to someone in close proximity.
- Please do not spit, cough out phlegm, or blow a snot rocket during the race.
- Runners are encouraged to carry their own disinfecting wipes, hand sanitizer, alcohol spray, etc. and use them when needed. Please wash and disinfect your hands frequently.

#### **[Precautions at aid stations]**

- Please follow instruction of the aid station staff regarding eating and drinking.
- All trash generated at the aid station must be discarded in designated trash bins.
- If your trash contains mucus from a runny nose, or saliva, put it in a plastic bag, tie it up, and take it home with you or dispose of it in a designated trash bin.
- Do not dispose of any leftover drink or food outside of the designated trash bins (e.g. on the course).

#### **[Only racers, race staff, and private supporters are allowed at aid stations]**

- Aid stations are open only to runners, race staff, and personal supporters. All others are prohibited at aid stations. It is prohibited to provide support to runners outside of the personal support area in an aid station.

**[Precautions for spectators]**

- It is recommended that supporters and spectators wear masks when talking to others in close proximity (within two meters).
- Persons not authorized by the race organizer are not allowed to provide food or drink to runners. In other words, setting up a private aid station is not allowed.

**[Precautions after the race]**

- If you test positive for COVID-19 or show cold-like symptoms such as fever and coughing within ten days after the race, please report this to the race organizer as soon as possible and also report whether someone was in close contact with you during the race.

**[Volunteers, vendors, and other people present at the race]**

- Volunteers, vendors, and other people present at the race are asked to follow the same requirements, rules, and precautions as the runners.
- Volunteers who are not feeling well are not allowed to participate in the race.
- Please provide your own masks to wear during the race period.

**[Disclaimer]**

- The race organizer will not be held responsible if any person involved in this race becomes infected with COVID-19.

**[Provision of personal information to authorities]**

- If a COVID-19 infection is confirmed in participants of the ULTRA-TRAIL Mt. FUJI 2023 during the race period or within ten days after the race, the race organizer may submit necessary personal information to authorities such as a public health office.

**[Additional information]**

- This policy may be revised in the event of another surge of COVID-19 cases in the future.